



2023 NFL One-Third Breakdown

Our rankings are a mashup of the following measures: our FDH power rankings, SRS, margin of victory, strength of schedule, offensive SRS, offensive yards per play, offensive 3rd down %, defensive SRS, defensive yards per play and defensive 3rd down %.

Credit to <https://www.pro-football-reference.com/> for statistics.

1ST TIER	FDH	SRS	MOV	SoS	OSRS	OY/P	3DO	DSRS	DY/P	3DD	Total
1 San Francisco	4	1	1	12	2	2	8	4	3	11	48
2ND TIER	FDH	SRS	MOV	SoS	OSRS	OY/P	3DO	DSRS	DY/P	3DD	Total
2 Baltimore	8	2	7	5	10	14	5	2	2	13	68
3 Kansas City	1	10	4	24	16	5	3	3	5	9	80
4 Detroit	7	7	5	20	3	4	9	17	5	4	81
5T Buffalo	5	3	2	26	5	2	2	6	22	23	96
5T Dallas	6	6	6	19	8	18	4	8	13	8	96
7 Cleveland	13	4	10	4	13	27	31	1	1	1	105
8 LA Rams	12	8	11	9	14	6	9	5	18	16	108
3RD TIER	FDH	SRS	MOV	SoS	OSRS	OY/P	3DO	DSRS	DY/P	3DD	Total
9 Miami	2	12	3	32	1	1	7	28	18	20	124
10 Philadelphia	3	15	8	27	7	9	1	24	9	22	125
11 Houston	15	8	9	10	8	13	6	11	20	28	128
12 Jacksonville	11	5	12	6	6	20	24	10	22	17	133
13 Indianapolis	22	11	20	1	4	16	18	19	14	11	136
4TH TIER	FDH	SRS	MOV	SoS	OSRS	OY/P	3DO	DSRS	DY/P	3DD	Total
14 LA Chargers	18	17	15	15	12	6	19	23	29	4	158
15 Seattle	9	13	13	16	11	11	30	20	9	30	162
16T Atlanta	14	24	22	18	30	18	21	13	5	2	167
15T New Orleans	19	19	14	23	27	26	20	12	4	3	167
18 Green Bay	20	22	17	27	15	20	12	26	9	7	175
19 Tennessee	26	14	21	8	19	16	28	9	20	19	180
20 Pittsburgh	21	16	25	2	18	27	22	14	24	14	183
21 Tampa Bay	17	20	16	20	28	25	11	7	14	31	189
22T Cincinnati	10	18	23	6	20	31	29	15	24	21	197
22T Minnesota	24	23	18	22	21	6	27	22	9	25	197
24 NY Jets	16	21	18	16	24	20	32	16	14	29	206
25 Arizona	30	25	27	11	17	11	13	27	26	27	214
26 New England	29	30	31	14	32	27	25	24	6	10	228
27 Las Vegas	25	26	24	25	29	20	23	21	14	24	231
28 Carolina	32	28	30	13	26	30	15	29	26	6	235
29T Denver	27	32	29	29	24	9	16	32	32	15	245
29T NY Giants	28	27	32	3	31	32	17	18	31	26	245
31 Washington	23	29	26	30	23	20	26	30	26	18	251
32 Chicago	31	31	28	31	22	14	14	31	29	32	263

Playoff Predictions

Wild Card Round

- 2 MIA over 7 CLE
- 6 CIN over 3 BAL
- 4 JAX over BUF
- 2 DET over LA RAMS
- 3 SF over 6 SEA
- 5 DAL over ATL

Divisional Round

- 1 KC over 6 CIN
- 2 MIA over 4 JAX
- 1 PHIL over 5 DAL
- 3 SF over 2 DET

Championship Sunday

- 1 KC over 2 MIA
- 1 PHIL over 2 SF

Super Bowl 58

- PHIL over KC

Fantasy Football

Buy Low

- QB Burrow WR Cooks
- QB Prescott WR Boyd
- RB Elliott TE Fant
- RB Sanders TE Higbee

Sell High

- QB Cousins QB Howell
- RB B Robinson Jr
- RB K Williams
- WR Meyers TE Kmet
- WR Thielen TE LaPorta

